



FEBRUARY | 2019

Meigs Middle School Breakfast

USDA is an equal opportunity provider

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Grab n Go Stations
4 Grab n Go Stations	5 Donut Holes	6 Grab n Go Stations	7 Sausage Gravy & Biscuit	8 Grab n Go Stations
11 Grab n Go Stations	12 Breakfast Pizza	13 Grab n Go Stations	14 Sausage Gravy & Biscuit	15 Grab n Go Stations
18 NO SCHOOL PRESIDENTS DAY	19 Egg Omelet Sausage Toast	20 Grab n Go Stations	21 Sausage Gravy & Biscuit	22 Grab n Go Stations
25 Grab n Go Stations	26 Donut Holes	27 Grab n Go Stations	28 Sausage Gravy & Biscuit	1

News

Reminders: Milk, assorted fruit, and 100% juice are offered with every meal.

Students must take at least 3 items at breakfast (one being a fruit or vegetable), but are encouraged to take all 4 offered items!

Questions?
Please contact:

Chrissy Musser, SNS
Food Service Director
740-992-6171
Chrissy.musser@meigslocal.org

*Menu subject to change w/o notice.



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Meigs Middle School Lunch

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MONDAY

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THURSDAY

FRIDAY

28	29	30	31	1 Bosco Sticks Marinara Sauce
4 Beef Fiestada Black Beans	5 Grilled Chicken Sandwich California Blend Vegetables	6 Lasagna Cherry Slushie	7 Steak & Cheese Sub Potato Smiles	8 Personal Pan Pizza (Pepperoni) Corn
11 Corn Dog Broccoli & Cheese	12 Chicken Quesadilla Refried Beans	13 <u>Breakfast for Lunch</u> Bacon, Egg, and Cheese Burrito Potato Triangle	14 Loaded BBQ Fries Pretzel Rod Valentine Sugar Cookie	15 Stuffed Crust Pizza Carrots
18 NO SCHOOL PRESIDENTS DAY	19 Pepperoni & Cheese Calzone Succotash	20 Vegetable Beef Soup Oyster Crackers	21 Cheeseburger Potato Wedges	22 Popcorn Chicken Mozzarella Sticks Carrots w/ Ranch
25 Ham & Cheese Hot Pocket California Blend Vegetables	26 Pulled Pork Sandwich Tater Tots	27 Spaghetti w/ Meat Sauce Spinach & Strawberry Salad Cherry Slushie	28 Taco in a Bag Refried Beans	1

News

Reminders: Romaine Salad, assorted fruit, and milk are offered with every meal.

Students must take at least 3 items at lunch (one being a fruit or vegetable), but are encouraged to take all 5 offered items!

These entrées are also offered daily:

- Pepperoni Pizza
- Popcorn
- Chicken Salad
- PB & J
- Ham/Cheese or Turkey/Cheese Sandwich

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