



# DECEMBER | 2018

## Meigs Middle School Breakfast

MONDAY	TUESDAY	We USDA is an equal opportunity provider		
<b>3</b> Grab n Go Stations	<b>4</b> Egg Omelet Sausage Toast	<b>5</b> Grab n Go Stations	<b>6</b> Sausage Gravy & Biscuit	<b>7</b> Grab n Go Stations
<b>10</b> Grab n Go Stations	<b>11</b> Donut Holes	<b>12</b> Grab n Go Stations	<b>13</b> Sausage Gravy & Biscuit	<b>14</b> Grab n Go Stations
<b>17</b> Grab n Go Stations	<b>18</b> Breakfast Pizza	<b>19</b> Grab n Go Stations	<b>20</b> Sausage Gravy & Biscuit	<b>21</b> No School Waiver Day
<b>24</b> NO SCHOOL HOLIDAY BREAK	<b>25</b> NO SCHOOL HOLIDAY BREAK	<b>26</b> NO SCHOOL HOLIDAY BREAK	<b>27</b> NO SCHOOL HOLIDAY BREAK	<b>28</b> NO SCHOOL HOLIDAY BREAK
<b>31</b> NO SCHOOL HOLIDAY BREAK				

### News

Reminders: Milk, assorted fruit, and 100% juice are offered with every meal.

Students must take at least 3 items at breakfast (one being a fruit or vegetable), but are encouraged to take all 4 offered items!

Questions?

Please contact:

Chrissy Musser, SNS  
Food Service Director  
740-992-6171

[Chrissy.musser@meigslocal.org](mailto:Chrissy.musser@meigslocal.org)

\*Menu subject to change w/o notice.



# DECEMBER | 2018

## Meigs Middle School Lunch

MONDAY	TUESDAY	We USDA is an equal opportunity provider		
<b>3</b> French Bread Pizza Carrots	<b>4</b> Ham & Cheese Hot Pocket Green Beans	<b>5</b> Macaroni & Cheese Broccoli	<b>6</b> BBQ Rib Sandwich Pinto Beans	<b>7</b> Chicken Tenders French Fries
<b>10</b> Pepperoni & Cheese Calzone California Blend Vegetables	<b>11</b> Taco in a Bag Refried Beans	<b>12</b> Chicken Alfredo Cherry Slushie	<b>13</b> Steak & Cheese Sub Potato Wedges	<b>14</b> Stuffed Crust Pizza Corn
<b>17</b> Beef Fiestada Black Beans	<b>18</b> Pulled Pork Sandwich Tater Tots	<b>19</b> <u>Holiday Meal</u> Southern Fried Chicken Mashed Potatoes Gravy Hot Roll Cookie	<b>20</b> Bosco Sticks Marinara Sauce	<b>21</b> No School Waiver Day
<b>24</b> NO SCHOOL HOLIDAY BREAK	<b>25</b> NO SCHOOL HOLIDAY BREAK	<b>26</b> NO SCHOOL HOLIDAY BREAK	<b>27</b> NO SCHOOL HOLIDAY BREAK	<b>28</b> NO SCHOOL HOLIDAY BREAK
<b>31</b> NO SCHOOL HOLIDAY BREAK				

### News

Reminders: Romaine salad, assorted fruit, and milk are offered with every meal.

Students must take at least 3 items at lunch (one being a fruit or vegetable), but are encouraged to take all 5 offered items!

These entrées are also offered daily:

- Pepperoni Pizza
- Popcorn Chicken Salad
- PB & J
- Ham/Cheese or Turkey/Cheese Sandwich

\*Menu subject to change w/o notice