



FEBRUARY | 2023

Meigs High School Breakfast

This institution is an equal opportunity provider

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Breakfast Pizza	2 Sausage Gravy & Biscuit	3 Donut Holes
6 Apple Cinnamon Texas Toast	7 Sausage Gravy & Biscuit	8 Breakfast Pizza	9 Sausage Gravy & Biscuit	10 Build Your Own 'Old Fashioned' Oatmeal w/ choice of toppings
13 French Toast	14 Fruit & Yogurt Parfait	15 Breakfast Pizza	16 Sausage Gravy & Biscuit	17 Donut Holes
20 No School Presidents' Day	21 Sausage Gravy & Biscuit	22 Breakfast Pizza	23 Sausage Gravy & Biscuit	24 Chicken Biscuit
27 Pancake Wrap	28 Sausage, Egg, & Cheese Muffin	1	2	3

News

Breakfast is FREE to all students!

Coffee Bar available M/W/F for only \$1.99!

Hot entrée available on the main line in the cafeteria.

Quick options available at the Grab N Go Station outside the 2nd floor main office.

Milk, assorted fruit, and 100% juice are served at every breakfast.

Students must take 3 items at breakfast (one being a fruit or veggie), but are encouraged to take all 4 offered items!

Questions?

Please contact:

Chrissy Musser, SNS
Food Service Director

740-992-6171

Chrissy.musser@meigslocal.org

*Menu subject to change w/o notice.



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30	31	1 Taco in a Bag Refried Beans Churro	2 General Tso's Chicken Broccoli Cheddar Casserole Breadstick	3 Mini Corn Dogs Tater Tots
6 Spicy Chicken Strips Mozzarella Sticks Carrots w/ Ranch	7 Lasagna Spinach & Strawberry Salad Garlic Toast	8 Cheeseburger Baked Beans	9 Mac & Cheese Green Beans Breadstick	10 Personal Pizza Succotash
13 BBQ Rib Sandwich California Blend Vegetables	14 Chicken Strips French Fries Texas Toast Country Gravy Ice Cream Sundae Cup	15 Chicken Quesadilla Refried Beans	16 Homemade Chili Shredded cheese on side Oyster Cracker (2)	17 Corn Dog Tater Tots
20 No School Presidents' Day	21 Bosco Sticks Marinara Sauce	22 Asian Chicken Stir Fry Rice Fortune Cookie	23 Steak & Cheese Sub (Onions/Peppers on side) Potato Wedges	24 Chicken & Biscuit (Honey on side) Potato Triangle
27 Stuffed Crust Pizza Corn	28 Pulled Pork Sandwich Seasoned Waffle Fries	1	2	3

News

Lunch is FREE to all students!

Romaine salad, assorted fruit, and milk are offered with every lunch.

Students must take 3 items at lunch (one being a fruit or veggie), but are encouraged to take all 5 offered items!

These entrees are also available daily:

- Pizza
- Popcorn Chicken Salad
- PBJ
- Ham/Cheese or Bologna/Cheese Sandwich (rotates)

Questions?

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